

## Exploring Membership at St. Mark's

Beginning Sunday, October 9, a five-part class on Exploring Membership at St. Mark's will be offered. Pastor Alan will lead the first discussion on Living Faith and Worship. The class will meet at 12:15pm and a light lunch will be offered. If you are thinking of joining the church or need a refresher, think of this as St. Mark's 101. Call the church office to register, 483-7848.

Celebrating 4 year Church Anniversary!  
Sunday September 25, 2011

# Imani Community UCC

**THE BEST IS YET TO COME**

*"Eyes have not seen, ears have not heard, nor has it entered into the hearts of men — the wonderful things God has prepared for them that love Him!" 1 Cor. 2:9, NKJV*

*Have you ever thought about taking theology classes, being a Minister, or Christian Education teacher, or a youth Pastor? Come with your questions and curious minds to "Ministry as Vocation"-Informational Meeting and Reception, Sunday, September 25th, 4:30-5:45PM, room 201. Rev. Ann Jefferson and Rev. Nicole Naffaa will share information about the exciting journey into ministry!*

**SUNDAY CELEBRATION @6PM**  
Special Guest: City of Refuge Gospel Choir  
Minister Gene Viale and Michaela Rhone, Praise Dancer



All Events are held at Imani Community United Church of Christ  
2100 J Street, Sacramento, CA 95816 [Www.Imanucc.org]  
Join us for dinner immediately after the worship service in the Terrace Room!

### TODAY at St. Mark's

Sunday, September 18

- 9:30am **Worship Service-SA**  
Sunday School-E1-4, 21-23  
Faith Pilgrimage-E25
- 9:45am Worship Band Rehearsal-E21
- 11:00am **Worship Service-SA**  
Sunday School-E1-4, 22-23
- 4:00pm Youth Group-GC

### Fair Trade Products

Fair Trade Coffee products are available on the patio  **today**. A new shipment of olive oil has arrived from Palestine. Please support these global markets!

### Fall Series Continues

Today is the second Sunday in our fall series, *St. Mark's Way*, a community exploration of the gospel of St. Mark, which will continue through November 20.

In addition to the Sunday sermons, individuals are invited to read through the book on their own. The church has provided a pamphlet to assist you with the readings and prepare you for worship on Sundays.

Pastor Alan has also requested that every group in the church take at least five minutes at every gathering for some reflection on the gospel—this includes every committee, every fellowship group and every activity group in the church.

Everyone is invited to attend one of the several small study groups using the book, *Mark's Message: Good News for the New Millenium* by Justo Gonzalez. The books are available at the table in the lobby. A donation of \$8 is requested, but not expected. Please sign up for a group on the insert enclosed in today's bulletin, and leave it at the table when you get your book.



## Remember in Prayer

### Recent Requests:

Ginny Baldauf  
 Sharon Britt-Richmond  
 Donna Ellis' relatives,  
 Jerry & Renee  
 Richard Fox  
 Virginia Jones  
 Mary Kasai  
 Sarah Kelly  
 Lynn Kennedy's friends,  
 Don & Bev  
 Karen Knutsch, Ernie &  
 Monica Marks' friend  
 Iris Schindhelm  
 Marvin Tanner

### On-going Needs:

Susanna Aaltonen  
 Nancy Aldrich  
 Sue Bailey  
 Maurice Brown  
 Celina Davin  
 Frank Davin  
 Jennine Jones  
 Olivia Jones  
 Agnes Lappia  
 Dave MacMurdo  
 Bob McKibben  
 Dorrie Moon  
 Bill Moore  
 Jimmie Poxon  
 George Roehr  
 Dick Smith  
 Whitmore Family

## Entertainment Books

The 2012 Sacramento Entertainment Books are available for \$30 in the Church Office. Book sales support St. Mark's Youth.



## This Week at St. Mark's

### Monday, September 19

#### Office Closed

All day Family Promise on Campus-GC  
 7:00pm UMWIM Training-E25  
 7:30pm Home Bible Study-Offsite

### Tuesday, September 20

All day Family Promise on Campus-GC  
 10:00am UMW Bible Study-E5  
 7:00pm Bell Choir-CR  
 Finance Committee-SR  
 NSP Groups-E24  
 PFLAG-E26

### Wednesday, September 21

All day Family Promise on Campus-GC  
 9:00am UMW Sew & Craft Group-E5  
 12:00pm Sophia Circle-A2  
 1:00pm Staff Meeting-SR  
 7:00pm ACT Board Meeting-E24  
 Adult Education Committee-E21  
 Education Committee-E5

### Thursday, September 22

All day Family Promise on Campus-GC  
 10:00am La Paz Circle-E5  
 2:00pm Friendly Visitors-SR  
 7:00pm Chancel Choir-CR

### Friday, September 23

All day Family Promise on Campus-GC

### Saturday, September 24

All day Family Promise on Campus-GC  
 10:00am Bereavement Group-PR  
 Community Breakfast-GC

### Sunday, September 25

All day Family Promise on Campus-GC  
 9:30am **Worship Service-SA**  
 Sunday School-E1-4, 21-23  
 Faith Pilgrimage-E25  
 9:45am Worship Band Rehearsal-E21  
 11:00am **Worship Service-SA**  
 Sunday School-E1-4, 22-23  
 Jesus Seminar-E25  
 Quest Class-E24  
 2:00pm Seasoned Companions-E24  
 2:30pm Grace in Motion-GC  
 4:00pm Youth Group-GC

## United Methodist Women's Bible Study Group

The United Methodist Women's Bible Study group will begin a new class on the book of Luke. We will meet at 10:00am in the Room E-5 (Library) on the third Tuesday of each month, starting September 20 and will continue through June, 2012. Our study will be led by Rev. Jan Dahl. Please bring your Bibles. Call Lori Bishop, 481-4385, or Lori White, 487-8714, with any questions. All women are invited to join the study.



## Bereavement Group

St. Mark's Bereavement Group will be meeting on Saturday morning, Sept. 24, from 10:00am to 12:00pm in the Prayer Room. Some of you have



experienced your losses very recently (spouses, children, parents, family members..), and for others, it has been awhile.

But there is no timeline on the grief experience. Ruth Reynolds, a trained Spiritual Director, is the coordinator of this group, and she offers a great deal of experience and compassion. If you are able to attend or if you have questions regarding the group; please e-mail her at: [ruthbranch@sbcglobal.net](mailto:ruthbranch@sbcglobal.net).

## 2nd Annual Fall Prevention Community Event

Falling down at home is one of the greatest threats to older people's ability to live independently. Thankfully, falling is NOT an inevitable part of getting older. In fact, as many as 50% of all falls in the home can be prevented according to one study! The goal of this event is to share proven prevention methods with you by providing:

- Presentations on balance, home modifications and nutrition;
- Lots of resource tables and hands-on demonstrations;
- Free vision screening, balance testing, prescription reviews, and more!

If you are worried about falling down at home (or if you worry about an elder family member having a bad fall) we encourage you to join us on Saturday, September 24, 9:00am-3:30pm Meadowview Community Center, 2450 Meadowview Road, Sacramento, CA,

Come see how many things you can do to stay healthy and safe. Sign up today! Call Area 4

Agency on Aging at 486-1876. Space is limited. The event is free, but advance registration is required. If you are interested in attending and would like to carpool from the church, contact Kevin Jenkins at 483-7848.

