

Family Promise Hosts

We will be hosting Family Promise guests September 18 to 25. Watch for sign-ups to help with evening meals, hosting and overnight stays. Call Sharon Meyers, 961-0229 or Joyce Estes, 481-0418, for more information.

AIDS Fund Run/Walk

St. Mark's will once again this year participate in the Capital City AIDS Fund Run/Walk. Please join our team to raise money and participate on September 18th (or support a walker), to demonstrate our commitment to our community



in our fight to stop this disease. To support the St. Mark's Team or sponsor one of our participants, please go to: www.sacvalleyaidsrunwalk.org. If you have questions, contact Doug Cole, 201-3494.

Mark Twains Barbecue

Mark Twains Barbecue will be held Saturday, September 17, at 6:00pm, at Bill and Barbara Marshall's home, 3807 Hillcrest Lane, Sacramento, 95821. Please Bring Your Own meat to BarBQ and side dish or appetizer to share. Beverages and place settings provided. RSVP by Thursday September 15, to: Marshalls: 485-4916, cravewaves@sbcglobal.net or Livesays: 858-0383, Billlivesay10528@comcast.net.

2nd Annual Fall Prevention Community Event

Falling down at home is one of the greatest threats to older people's ability to live independently. Thankfully, falling is NOT an inevitable part of getting older. In fact, as many as 50% of all falls in the home can be prevented according to one study! The goal of this event is to share proven prevention methods with you by providing:

- Presentations on balance, home modifications and nutrition;
- Lots of resource tables and hands-on demonstrations;
- Free vision screening, balance testing, prescription reviews, and more!

If you are worried about falling down at home (or if you worry about an elder family member having a bad fall) we encourage you to join us on Saturday, September 24, 9:00am-3:30pm Meadowview Community Center, 2450 Meadowview Road, Sacramento, CA,

Come see how many things you can do to stay healthy and safe. Sign up today! Call Area 4 Agency on Aging at 486-1876. Space is limited. The event is free, but advance registration is required. If you are interested in attending and would like to carpool from the church, contact Kevin Jenkins at 483-7848.



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re: Mark's

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2391 St. Marks Way, Sacramento, CA 95864 (916) 483-7848
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Today is the first Sunday in our fall series, *St. Mark's Way*, a community exploration of the gospel of St. Mark, which will continue through November 20.

In addition to the Sunday sermons, individuals are invited to read through the book on their own. The church has provided a pamphlet to assist you with the readings and prepare you for worship on Sundays. Pastor Alan has also requested that every group in the church take at least five minutes at every gathering for some reflection on the gospel—this includes every committee, every fellowship group and every activity group in the church. There will also be several small groups meeting to study using the book, *Mark's Message: Good News for the New Millenium* by Justo Gonzalez. The book should be available at the church this week, A donation of \$8 is requested, but not expected. Signups for groups will be made available next Sunday, so be thinking about when you might be able to attend and be sure to sign up!

TODAY at St. Mark's

Sunday, September 11

- 9:30am **Worship Service-SA**
- 9:30am Faith Pilgrimage-E25
- 9:30am St. Mark's Singers-CR
- 9:30am Sunday School-E1-4, 21-23
- 9:45am Worship Band Rehearsal-E21
- 11:00am **Worship Service-SA**
- 11:00am Sunday School-E1-4, 22-23
- 4:00pm Youth Group-GC
- 4:30pm Building Community Together-MH

Building Community Together

Today, at 4:30pm, we have invited members of the Sacramento Muslim community and other interfaith guests to come for conversations, prayer and a light dinner. Invitations were extended to some of our civic leaders as well. If you have not made reservations, we have 20 spots still available. There is a sign up sheet on the table in the Lobby for those 20 slots. Be sure to sign up!



Remember in Prayer

Recent Requests:

Sharon Britt-Richmond
Donna Ellis' relatives,
Jerry & Renee
Richard Fox
Mary Ann Gile
Virginia Jones
Sarah Kelly
Lynn Kennedy's friends,
Don & Bev
Karen Knutsch, Ernie &
Monica Marks' friend
Madeline Samaan-Fay
Iris Schindhelm
Marvin Tanner
Kimberly Webster Starnet

On-going Needs:

Susanna Aaltonen
Nancy Aldrich
Sue Bailey
Ginny Baldauf
Maurice Brown
Celina Davin
Frank Davin
Jennine Jones
Olivia Jones
Mary Kasai
Agnes Lappia
Dave MacMurdo
Bob McKibben
Dorrie Moon
Bill Moore
Jimmie Poxon
Sharon Richmond
George Roehr
Dick Smith
Whitmore Family

Entertainment Books

The 2012 Sacramento Entertainment Books are available for \$30 in the Church Office. Sales support St. Mark's Youth.

This Week at St. Mark's

Monday, September 12

Office Closed

7:00pm UMW Training-E25
7:30pm Home Bible Study-Offsite

Tuesday, September 13

9:00am UMW Executive Board-E5
9:43am United Methodist Women-MH
7:00pm Gifts, Memorials, Bequests-SR
7:00pm Bell Choir-CR
7:00pm Trustees-E25

Wednesday, September 14

9:00am UMW Sew & Craft Group-E5
9:00am Hilton Group-E25
6:30pm St. Mark's Men's Club-GC
7:00pm Family Ministries-E25
7:00pm Worship Committee-SR

Thursday, September 15

9:30pm Men's Group-GC
7:00pm Ministry in Action-E5

Saturday, September 17

8:00am All-Church Workday
6:00pm Mark Twains BBQ-Marshalls'home

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In Memoriam

We extend our love and sympathy to the family and friends of long-time active member, Tory Bidinian, who died on September 3. His memorial service was held yesterday. Please keep his friends and family in your prayers.



United Methodist Men

St. Mark's United Methodist Men will meet on Wednesday, September 14, at 7:00pm, in Grace Café. Pastor Alan Jones will join us. A desert will be served. All men and women of the church are welcome. No reservations are needed. For more information please call Eric Anderson, 481-9468.

United Methodist Women's Bible Study Group

The United Methodist Women's Bible Study group will begin a new class on the book of Luke. We will meet at 10:00am in the Room E-5 (Library) on the third Tuesday of each month, starting September 20 and will continue through June, 2012. Our study will be led by Rev. Jan Dahl. Please bring your Bibles. Call Lori Bishop, 481-4385, or Lori White, 487-8714, with any questions. All women are invited to join the study.



You Are Invited!

If you like to eat out with church friends, come for lunch at the Old Spaghetti Factory in Roseville on Saturday, September 24. Singles and couples are welcome. For more information, and to be included in the reservation, call Esther Huston at 383-8840 no later than September 17.

United Methodist Women's September Meeting

All women of St. Mark's are invited to attend United Methodist Women, our "back to school" meeting and luncheon is on Tuesday, September 13. We gather in MacMurdo Hall at 9:43am for coffee and fellowship. Our program will be presented by Sacramento ACT (Area Congregations Together), which is celebrating its twentieth anniversary this year. We will learn more about ACT and its approach to improving our community for ourselves and the education of families who live here. Alicia Ross, Executive Director of ACT, will delve into its history and share the methods of ACT leaders, which we can adopt for our own use. St. Mark's member Howard Lawrence, past president of the ACT Executive Board and current president of the Parent-Teacher Home Visit, will share how leaders from our church and other congregations are providing opportunities for children and youth to succeed in school and in life. Bring your questions about young people and education and learn how those questions can change our community. The business meeting will include a pledge service for World Thank Offering. Luncheon reservations can be made by calling Sally J. Weinland, 489-1039.

The Executive Committee and activity group leaders will meet at 9:00am in Room E-5 (Library).

